

## Course Description - OSYC Adult Sailing Class

The minimum class size is two students, maximum is four students. If insufficient students have registered by the Wednesday before the lesson date, we will cancel that date and offer the registrant choice of future dates. Convince a friend or family member to attend as well to ensure you get your desired date!

Lessons include text/materials, classroom and theory, safety, rigging, righting, and time on the water on one of the club's Hobie Waves or the 16 foot Hobie Getaway.

The class takes place over 2 days, Saturday - Sunday, from 9am into the afternoon, depending on your skills... 4pm... 6pm... bring a lunch!

You will get academic/theory of sailing, group sailing on the Hobie Getaway, and individual (solo) sailing on the Hobie Wave.

Be prepared to GET WET and for some physical exertion. Bring sunscreen, closed toe shoes for wear in the water. You may want a hat, sunglasses, gloves.

You will learn to rig and derig the boat. Move the boat to the water, pilot the boat on all points of sail, sail to a point and recover an object (lifejacket simulating a person), and how to right the boat after a capsize. Righting the boat requires a degree of upper body strength and balance. If you are unable to right the boat alone, you may be required to sail with a friend who could assist you.

Our instructors are U.S. Sail Instructor Certified and each have four years of experience teaching both children and adults to sail. If you wish to make it a Parent/Child learn-to-sail weekend they will happily accommodate that as well. In addition to instructional and recreational sailing, our instructors have all competed successfully in the various OSYC catamaran regattas.

Registration is \$150 and includes use of the boat for the lesson, the instructor fee, use of this online system, and after successful completion of the course club members may use the boats thereafter with a completed float plan on file in the office.

Questions: contact Jay Shuman, [Fleetcaptain@osyc.com](mailto:Fleetcaptain@osyc.com)